



Where your world opens up.

# RESPIRE SERVICES

*Enhancing quality of life*



PeopleInc

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## RESPIRE SERVICES PROVIDE RELIEF

Respite is temporary care away from home or within a caregiver's home. For many families, respite is crucial to caring for a loved one with a developmental disability.

### AFTERNOON RESPITE

Provides fun and exciting activities for people who attend, while families get a break knowing their family member is well cared for.

#### Amherst

- Hazelwood Afternoon Respite: Ages 10 to 21
- TLC: Ages 10 to 21

#### Buffalo

- After the Bell Afternoon Respite: Ages 13 to 21
- Buffalo Afternoon Respite: Ages 5 to 12
- Late Afternoon Respite: Ages 18+

#### Depew

- After Work Respite: Ages 18+

#### Hamburg

- Iris Afternoon Respite: Ages 18+
- Southtowns Afternoon Respite: Ages 10 to 21

#### Kenmore/Tonawanda

- Ken-Ton Afternoon Respite: Ages 10 to 21

#### Lockport

- Northtowns Afternoon Respite: 10 to 21

#### Rochester

- Buffalo Road Respite: Ages 11 to 21
- Fun with Friends Afternoon Respite: Ages 11 to 21

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### HAZELWOOD VACATION RESPITE: Ages 10 to 21

**Location:** Amherst

Offers individualized opportunities for socialization, arts and crafts, cooking, sensory activities, and playing in the gym or game room. Activities in the community include visiting parks, restaurants, movies and much more.

### WEEKEND OPPORTUNITIES RESPITE

People who attend on Friday and Saturday afternoon/evening spend time with friends enjoying both in-house activities and community events, while parents/caregivers enjoy quality weekend time.

**Del-Ton Weekend Respite:** Ages 18+

**Location:** Buffalo

**Hazelwood Weekend Respite:** Ages 10 to 21

**Location:** Amherst

**Orchard Park Weekend Respite:** Ages 18+

**Location:** Orchard Park

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### IN-HOME RESPITE: Ages 3+

**Location:** In the caregiver's home

Provides family members and caregivers a break by supervising their loved ones in the comfort of their own home. Services can be provided to more than one person if needed, including siblings who have developmental disabilities.

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### DOWNING RESPITE HOUSE: Ages 10+

**Location:** Bowmansville

### NORTHTOWNS RESPITE HOUSE: Ages 10+

**Location:** Wheatfield

These two sites offer planned and emergency on-site care, either by the hour or overnight(s). Parents and other family get a break, while guests have a great time with fun activities. Our well-trained staff work individually and in groups to accommodate the varied interests.

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### RECREATIONAL RESPITE: Ages 18+

**Locations:** Depew and Lockport

Provides opportunities to expand their social circle by selecting events to attend from a diverse monthly calendar of well-planned activities. Some events have a nominal fee to cover the cost of the event, while some are free, and participants are accompanied by staff.

### CONTACT

For more information, contact the Admissions department at [admissions@people-inc.org](mailto:admissions@people-inc.org), or 833.404.0032.