



PeopleInc

Where your world opens up.

SUPERVISED AND SUPPORTIVE APARTMENTS

Moving towards independent community living



PeopleInc

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SUPERVISED AND SUPPORTIVE APARTMENTS

People Inc. offers safe, functional living environments for people with intellectual and developmental disabilities through supervised and supportive apartments. Supervised and supportive apartments are ideal for people transitioning from a traditional Individualized Residential Alternative (IRA) who aspire to move towards independent community living.

These certified residential settings ensure that people receive the supports they need while also being empowered to become independent and self-sufficient members of the community. While living in a supervised or supportive apartment, they work on developing skills such as medication management, cooking, budgeting, mobility and problem-solving.

People Inc. currently operates 15 certified apartment programs for people with developmental disabilities in Buffalo and the surrounding areas and one in the greater Rochester region. Both supervised and supportive apartments are for those age 18 and older.

SUPERVISED APARTMENTS

At a supervised apartment, trained staff members are available 24 hours a day to assist in refining daily living and community skills. With the goal of working towards more independent living, people in supervised apartments work on skills, including:

- Managing their own medications and medical appointments
- Being independent in the home
- Independently evacuating in the event of a fire or other emergency situation
- Learning about modes of transportation including the bus, bicycle, cab, paratransit and walking
- Being competitively employed, working with a job coach or participating in a works skills or other day activity
- Participating in menu planning, grocery shopping, and/or cooking basic meals with staff support
- Basic budgeting

SUPPORTIVE APARTMENTS

A supportive apartment is a more independent residential setting for people with intellectual and developmental disabilities who need limited support and guidance on a regular basis. Supervision and guidance are based on the resident's individual needs, requiring less than 24-hour support. Those in supportive apartments must have the ability to:

- Be at home for unlimited amounts of time
- Independently evacuate in the event of a fire or other emergency within three minutes or less, and be self-preserving
- Manage medication with support for medication refills and other changes as needed, as well as attending their own routine appointments
- Independently manage own personal hygiene or need general reminders
- Take public transit or be willing to utilize other modes of transportation
- Maintain competitive employment, working with a job coach or participating in a works skills or other day activity
- Plan basic menus, grocery shop and cook with minimal staff support
- Exercise basic budgeting skills, return receipts if requested, show basic understanding of rent responsibility and payment and be their own payee or working towards becoming their own payee

CONTACT

Apartment tours are available upon request. Call 716.817.9000 for additional information.

