## **People Inc. offers The Incredible Years program**

## Parents attend this FREE training program and learn to:

- \* Foster a positive relationship with your child
- Improve your child's compliance and cooperation
- Decrease negative behaviors at home
- Develop your child's social skills



FREE

Training

The Incredible Years Program offers research-based, proven and effective programs for reducing children's aggression and behavior problems, and increasing social competence at home and at school.

The Incredible Years Program can teach you how to cope with the stresses of parenthood, avoid power struggles, determine appropriate consequences, and develop creative and imaginative play with your child.

## Because these should be incredible years for your child.

The improvements in our child's behavior is just remarkable. - JS This class is making an exceptional difference in my life. The quality of my relationship with my son has improved and I am a better parent. - TK

## **Training begins soon!**

For more information or to register, call Sue Olexenko at 880.3767.

This free training is made possible by a Family Support Services grant through the WNY DDSO.

